

INDOOR2012


ENGLAND ATHLETICS
Growing the next generation of champions



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www.Englandathletics.org/store

AVIVA ENGLAND ATHLETICS OPEN UNDER 20, 17 & 15 INDOOR CHAMPIONSHIPS

25th - 26th February 2012

NIA BIRMINGHAM

Special deal on accommodation with Premier Inn
and England Athletics To visit the special booking
page go to www.premierinn.com/athletics

Registration Form 2012

Enter online at
www.Englandathletics.org

**ENTRY FEE: ONLINE ENTRY FEE
£12 FOR FIRST EVENT
£6 FOR SUBSEQUENT EVENTS**

**PAPER ENTRY £15 PER EVENT
(Free entry to defending champions)**

CLOSING DATE FOR ENTRIES 3RD FEBRUARY 2012

→ CHAMPIONSHIPS ARE HELD UNDER UKA ATHLETICS RULES





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→ ENTRY STANDARDS:

Entries will only be accepted from athletes who have achieved the entry standard in competition after 1st January 2011 (performances indoors and outdoors are acceptable).

→ EVENT	→ U20 Men		→ U20 Women		→ U17 Men		→ U17 Women		→ U15 Boys		→ U15 Girls	
60m (100m equiv)	7.6	a	8.2	a	7.7	a	8.3	a	8.2	a	8.6	a
	11.1		13.3		11.5		12.4		12.2		13.0	
200m	22.5	b	25.5	b	23.5	b	26.2	b	24.5	b	27.0	b
300m							42.0	a/b				
400m	52	a/b	59.0	a/b	52.5	a/b			56.0	a/b		
800m	1:58	a/b	2:15	a/b	2:05	a/b	2:18	a/b	2:12	a/b	2:24	a/b
1500m	4:00	a/b	4:40	a/b	4:12	a/b	4:46	a/b				
60m Hur (equiv)	8.9	b	9.5	b	9.0	b	10.0	b	10.0	b	10.5	b
	110m 15.5		100m 15.4		100m 14.4		80m 12.2		80m 12.2		75m 12.0	
High jump	1.90	b	1.60	b	1.85	a	1.60	b	1.65	a	1.50	a
Pole vault	4.20	b	3.10	a	3.70	b	2.90	a	2.70	a	2.30	b
Long Jump	6.50	b	5.45	a	6.20	b	5.30	a	5.50	b	5.00	a
Triple Jump	13.60	a	11.20	b	12.60	a	10.80	b				
Shot	13.00	b	11.00	a	13.00	b	10.05	a	11.80	b	9.50	a

a – Saturday b – Sunday (This depends on entries and is liable to change)

→ ACCOMMODATION:

Contact Linda Lake on: 01543 481338 / 07769691801

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→ CLOTHING:

In all events competitors must wear at least vest and shorts (or equivalent clothing) which are clean and so designed and worn as not objectionable, even if wet. Competitors must wear the vest of their first claim affiliated club, County, Area or National vest.

→ EQUIPMENT:

Athletes may use their own equipment provided it is submitted for checking by the Technical Manager. Only starting blocks provided by the venues may be used.

→ ALL CHAMPIONSHIPS ARE HELD UNDER UK ATHLETICS RULES

→ ANTI DOPING:

I hereby (i) acknowledge that I am bound by UKA's Anti-Doping rules, (ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample); and (iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

To check the status of registered medicines please visit www.globaldro.com. For information on testing procedures please visit www.ukad.org.uk. The UKA Anti-Doping Rules are available at www.uka.org.uk. For general anti-doping queries please contact antidoping@uka.org.uk.

Enter online at www.Englandathletics.org



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→ ENTRY DETAILS

Please complete all the information in the spaces provided

→ SURNAME
→ FIRST NAME
→ CLUB
→ REGISTRATION NUMBER

→ ADDRESS

→ ADDRESS	
→ COUNTY	→ POST CODE
→ DATE OF BIRTH	
→ PHONE NUMBER (DAY)	
→ PHONE NUMBER (MOBILE)	
→ EMAIL ADDRESS	
→ NAME OF COACH	

→ AGE GROUPS

Under 20 Competitors must be under 20 on 31st December 2012

Under 17 Competitors are aged 15 or 16 on 31st August 2012

Under 15 Competitors are aged 13 or 14 on 31st August 2012

Athletes may compete outside their age group as defined in UK: Athletics Rules (Rule 107) but cannot compete in the same event in two different age groups.

→ AGE GROUP

Please tick box

UNDER 15 GIRLS	<input type="checkbox"/>
UNDER 15 BOYS	<input type="checkbox"/>
UNDER 17 WOMEN	<input type="checkbox"/>
UNDER 17 MEN	<input type="checkbox"/>
UNDER 20 MEN	<input type="checkbox"/>
UNDER 20 WOMEN	<input type="checkbox"/>

→ ENTRY INFORMATION

Please complete for each event entering

→ EVENT(S) ENTERING	→ PERSONAL BEST	→ DATE OF PERFORMANCE	→ VENUE

→ ENTRY FEE:

- **£12 FIRST EVENT £6 FOR SUBSEQUENT EVENTS, ONLINE ENTRY FEE**
- **£15 PER EVENT WITH A PAPER ENTRY (Free entry to defending champions)**

→ SIGNED

Athletes under age of 18 should have form signed by parent or carer

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→ ALL CHAMPIONSHIPS ARE HELD UNDER UK ATHLETICS RULES

Please enclose a cheque made out to England Athletics or a postal order in UK sterling and send with your entry form to:

**Championship Entry
England Athletics Ltd
Athletics House
Birmingham Alexander Stadium
Walsall Road
Perry Barr
BIRMINGHAM B42 2LR**

→ **CLOSING DATE 3rd FEBRUARY 2012**

Enter online or download entry forms from the England Athletics Website www.Englandathletics.org