

Name	Distance	Time	Age	Age-graded score
<b>Mike Sheridan</b>	<b>HM</b>	<b>1:28:10</b>	<b>67</b>	<b>86.7</b>
<b>Izzy Fry</b>	<b>5k</b>	<b>0:17:40</b>	<b>17</b>	<b>84.9</b>
Mike Sheridan	Mar	3:10:59	67	84.7
Mike Sheridan	10M	1:08:57	68	84.5
<b>Sophie Crumly</b>	<b>10K</b>	<b>0:35:56</b>	<b>26</b>	<b>84.4</b>
Sophie Crumly	5K	0:17:31	26	84.3
<b>Mark Vardy</b>	<b>5K</b>	<b>0:15:26</b>	<b>28</b>	<b>84.1</b>
<b>Tom Watkins</b>	<b>HM</b>	<b>1:10:16</b>	<b>25</b>	<b>83.1</b>
Tom Watkins	Mar	2:27:57	25	83.1
<b>Irwin Fairclough</b>	<b>10K</b>	<b>0:39:52</b>	<b>61</b>	<b>83.0</b>
Irwin Fairclough	10M	1:05:33	61	82.9
Mark Vardy	HM	1:10:36	28	82.7
Irwin Fairclough	5M	0:31:49	60	82.4
Sophie Crumly	HM	1:19:42	26	81.8
<b>Wayne Lillis</b>	<b>5K</b>	<b>0:18:15</b>	<b>50</b>	<b>80.8</b>
<b>Jenny Eaton</b>	<b>HM</b>	<b>1:37:53</b>	<b>55</b>	<b>80.6</b>
<b>Luci Robertson</b>	<b>5K</b>	<b>0:20:29</b>	<b>12</b>	<b>80.5</b>
<b>Steve Barnes</b>	<b>10K</b>	<b>0:36:04</b>	<b>46</b>	<b>80.4</b>
Jenny Eaton	5K	0:21:43	55	80.4
Jenny Eaton	5M	0:35:32	54	80.4
<b>Sheila Marshall</b>	<b>HM</b>	<b>1:48:23</b>	<b>62</b>	<b>79.9</b>
<b>James Craggs</b>	<b>HM</b>	<b>1:14:04</b>	<b>36</b>	<b>79.5</b>
<b>Liz Harkness</b>	<b>5M</b>	<b>0:43:18</b>	<b>68</b>	<b>79.5</b>
Jenny Eaton	<b>10M</b>	1:15:07	<b>55</b>	79.5
Sheila Marshall	10M	1:22:43	62	79.2
Sheila Marshall	5K	0:24:01	62	79.1
Wayne Lillis	10M	1:02:23	49	78.5
<b>Sue van Huyssteen</b>	<b>10K</b>	<b>0:44:32</b>	<b>52</b>	<b>78.4</b>
Steve Barnes	10M	1:00:43	46	78.4
<b>Chris Pudney</b>	<b>5K</b>	<b>0:19:23</b>	<b>53</b>	<b>77.9</b>
Jenny Eaton	10K	0:46:10	54	77.9
Steve Barnes	HM	1:21:18	46	77.5
<b>Andy Tuttle</b>	<b>5k</b>	<b>0:20:21</b>	<b>57</b>	<b>76.6</b>
Sue van Huyssteen	HM	1:38:09	51	76.5
<b>Nigel Popplewell</b>	<b>10K</b>	<b>0:38:58</b>	<b>49</b>	<b>76.4</b>
Liz Harkness	5K	0:27:05	68	75.8
Nigel Popplewell	<b>5K</b>	<b>0:19:16</b>	<b>48</b>	<b>75.4</b>
Chris Pudney	HM	1:28:47	53	75.4
Sheila Marshall	5K	0:25:38	62	74.1
Nigel Popplewell	10M	1:05:35	48	73.8
<b>Dave Wright</b>	<b>5k</b>	<b>0:20:08</b>	<b>51</b>	<b>73.8</b>
<b>Graham Stent</b>	<b>10K</b>	<b>0:38:05</b>	<b>41</b>	<b>73.4</b>
Mark Vardy	Mar	2:49:00	Mar	72.5
Sue van Huyssteen	Mar	3:34:10	51	72.3
<b>Julie Coxhead</b>	<b>Mar</b>	<b>4:04:02</b>	<b>59</b>	<b>71.1</b>

Graham Stent	5K	0:19:37	41	70.4
Graham Stent	HM	1:34:41	41	63.8
<b>Jill Mowat</b>	<b>5K</b>	<b>0:25:25</b>	<b>45</b>	<b>61.8</b>
Jill Mowat	HM	1:59:03	45	58.9