

Our second Wessex Young Athletes League match of the season took place at Woking on Sunday 3rd June on what turned out to be a windless hot day, but better than all the recent rain.

Newbury AC Quad Kids had a great day out, finishing third overall, an amazing achievement in a very competitive quad kids match. We were the only club to field the maximum of ten girls and we only had nine out of the maximum ten boys due to a late illness.

The highest achieving boy was Oliver Hamlin who finished 7th overall and best girl was Anna Delavere who finished 6th overall.

All of the girls achieved at least a season's best. In the Vortex Meg Archibald secured a PB of 22.85m. In the 75m Posy Cranfield achieved a PB of 12.2s and Anna Delavere 12.4s. In the 600m Anna Delavere PB'ed again with 2:07.2 and Posy Cranfield with 2:27. In the Long Jump Posy achieved another PB of 2.99m, Mya Cahoon a PB of 3.13m and Meg Archibald 2.91m.

Harry Billet PB'ed in all four of the events. In the 75m Ethan Robertson matched his PB of 12.0s, Rory Price achieved a PB of 11.8s with George Studart and Harry Billet both securing a 12.8s PB. In the 600m George Studart achieve a PB of 2:11.6, Harry Billet 2:14.7, Rory Price 2:15 and Max Cassey 2:25.3. In the Long Jump Harry Billet gained a PB of 3.19m, Max Cassey 3.17m and George Studart 2.71m. In the Vortex Harry Billet scored a PB of 25.17m and George Studart 24.38m.

The older Juniors and Intermediates finished 4th overall, though both the U13 and U17 girls managed second place for their age groups.

For the boys the U13s started well with a 3rd place in the 75m Hurdles for Archie Matthews, which he followed later with a good Long Jump PB of 3.64m and speedy relay. Tom Stevenson took 1st in the B string Hurdles. OK there was nobody else in that race but that was still a maximum 6 team points earned and a big PB which was followed by knocking 11s of his 1500m PB with 5:37.6

Dew Radbourne bravely tackled the High Jump and 100m facing stiff competition. Similarly for Cody Long in the 200m and 800m even with a time of 2:53.9. Both now have new targets to chase next time and managed to pick up the pace in the relay later.

Andrew Points was another multi-eventer which is great for team points and set PBs in Discus and Long Jump. He also backed up Robert Richardson in the Javelin. Robert managed a superb Grade 4 throw of 23.2m, to go with a Long Jump PB.

We were a little short of U15 boys but not short of PBs. Marcus Bu-Rashid kicked off smashing his 200m PB in 26.6s followed by 13.1s for 100m, with new U15 Nathan Delavere getting 14.4s for his 100m PB. Callum Potts had a great day starting with 2nd place in 800m A- String in a Grade 4 time of 2:15.5. He followed this with a High Jump of 1.45m and a big PB of 12.7s for 100m. For the 800m B- String Oliver Brashaw got 1st and a PB of 2:25.0.

For the U17s, Reuben Langdon started off with a win in the Discus with 27.54m, then 2nd in a very close the 100m Hurdles in 16.0s. He also took 2nd in 200m with an excellent PB of 24.8s, followed by Ellis Russell taking 3rd in the B race in a PB of 27.0. Ellis also smashed his 800m PB with 2:27.9.

In the 1500m, A- String Tobias Allen smashed his PB for 2nd place in 4:38.9, closely followed by B-String Hugh Beattie's 1st first place in another PB of 4:40.3. Tobias followed up with a High Jump PB of 1.45m

Lawrence Baker and Samuel Taylor joined forces in both the Long Jump and 100m, taking 1st places in both A and B-Strings for both event. Lawrence Baker jumped 5.69m for Grade 4, with Sam reaching 5.4m. The 100m saw Lawrence cross the line in 12.2s with Sam at 12.4s, but also with U20 Laurence Bu-Rashid in between on 12.3s. It was great to see all 3 cross the line together in the lead.

Laurence earlier broke his 200m PB in 24.6s.

Thanks to those who stayed for the relays. The U13 team of Archie, Drew, Cody and Robert had a smooth race getting our fastest time for a couple of years of 61.5s! We also ran a comedy mixed age team with two U15s, Marcus and Oliver, plus U17 Lawrence and U20 Laurence. They had a tremendous run with efficient changeovers finishing in 50.4s. Great to see.

Thanks also to those boys willing to swap vest around. You all keep growing so we had a temporary shortage and with some streamlined snug fitting just managed to avoid any Hulk moments!

I was very pleased to see some new faces competing as well as seeing the benefit from all the training since last Summer.

Woking saw a great turn out for the girls team with a large amount of athletes attending

The day started with 2PB's in the U13 70m for Mimi Jensen coming 2nd in 12.4s and Miriam Cooper 2nd in B string in 15.0s. More 2nd place results in the long jump for Phoebe Ryder and Klitty Mainwaring with 4.11m and 3.86m and Thea Osborne 3.56m in the same group.

In the field the high jump saw Trinity O'Connor 3rd with 1.55m and U15 Scarlett O'Connor and Polly Cranfield both securing 1.25m for 4th and 3rd places. Mimi Jensen made her high jump debut U13 girls for 2nd with 1.25m.

Lily Gohara won the 80m Hurdles with an impressive grade 2 performance of 12.0s and an English school qualifying time and Bo Stewart came 2nd with a PB of 12.8s. The winning continued on the track with a very impressive victory and grade 1 performance from Josie Robertson in the 1200m with a time of 3:53 beating her own club record and Miriam Cooper getting her 2nd PB of the day to win the B string in 4:26. Back in the field more PB's for the U13 girls discuss with Francesca Bailey throwing 14.79m to come 3rd and Sophie Livingstone 11.54m for 2nd. The U15 girls both came 3rd in javelin, Luci Robertson 24.29m and Emily Shakespeare 11.97m. Luci Robertson then took 2nd in 1500m with 5:14 and Sophie Bhatt taking the win in B string 5:37. U17 girls javelin saw 2nd place for Abi Livingstone 24.08m and 1st B string Maddy Mitton 20.09m.

The 200m was well represented with U13 Kitty Mainwaring and Phoebe Ryder coming 3rd. U15 girls Polly Cranfield and Emily Shakespeare coming 6th and U17 Lilly Gohara and Bo Stewart coming 4th and 2nd.

There were PB's in the U15 girls shot for Scarlett O'Connor 6.93m and Georgia Carwardine 7.00m. Maddy Corcoran was 2nd A string 6.83m. Georgia Carwardine was also 2nd in discuss 19.42m. More PB's in javelin for Miriam Cooper for 4th in 15.24m and also Francesca Bailey 3rd with 8.36m. The U17 girls Abi Livingstone and Maddy Mitton were 2nd and 1st in their shot and Kitty Mainwaring was 4th with 7.18m.

PB's continued on the track in the 800m with Francesca Bailey 4th in 2:50 and Clementine Barry in 2:51. Gabby Stewart-Power was 5th in 2:54 and then had a PB in her 300m of 49:70. In the field Abi Williams was 5th in U15 long jump 4.17m and Carys-Marie Thomas 3rd with 3.87m

The 100m had a full line up. U13 Phoebe Ryder 2nd and Mimi Jensen 4th. Two more 4th places for U15 Abi Williams and Maddy Corcoran and 3rd for Maddy Mitton U17 and non-scorer Clementine Barry and the Osborne. Thea Osborne securing a PB in her 200m earlier in the day 31.7s.

The day concluded with the relays with the U13 girls securing 3rd place and U15 girls in 5th.

An impressive day in very hot conditions.

Well done to everyone for their superb effort and enthusiasm. Many people got at least one PB or performed close to their best. I was particularly pleased to see some people trying out new events or improving in their less favourite events. We did well against very strong teams.

The number of graded results highlights the strength of the girls at Newbury AC and the huge number of PBs throughout the team shows the dedication of athletes and volunteer coaches.

Some brief highlights should be in the Newbury Weekly News from last week.

In case you are not aware, the results are also on the WYAL website a few days after the meetings. See here, <http://www.wessexleaguetandf.co.uk/results.htm>

All results also get put on the Powerof10 website, <https://www.thepowerof10.info> (excluding the quadkids Vortex!)

Just use the search boxes to find your details. First or surname will do and just "Newbury" for the club. If you get a list of names, click on the red "show" label under the "Profile" column.

Hopefully see you all next time. Basingstoke 1st July, then Swindon 15th July.