

## Newbury AC Road Running Championships 2018

| Women Premier Division |                   |                             |          |     |                                  |          |     |                                |          |     |         |                                    |          |              |                               |          |          |                                |          |         |        |     |
|------------------------|-------------------|-----------------------------|----------|-----|----------------------------------|----------|-----|--------------------------------|----------|-----|---------|------------------------------------|----------|--------------|-------------------------------|----------|----------|--------------------------------|----------|---------|--------|-----|
| Position               | Name              | 5Km                         |          |     | 5 mile                           |          |     | 10Km                           |          |     | 10 mile |                                    |          | 1/2 Marathon |                               |          | Marathon |                                |          | BONUSES | BEST 5 |     |
|                        |                   | Race                        | time     | pts | Race                             | time     | pts | Race                           | time     | pts | Race    | time                               | pts      | Race         | time                          | pts      | Race     | time                           | pts      |         |        |     |
| 1                      | Chloe Blair       | Newbury Parkrun 14 Apr 18   | 00:21:09 | 16  |                                  |          | 0   |                                |          |     |         | 0                                  |          |              |                               |          |          |                                |          | 16      |        |     |
| 2                      | Christina Pugsley | Killerton Parkrun 29 Sep 18 | 00:21:07 | 18  | Romsey 5 28 Jan 18               | 00:35:12 | 18  |                                |          |     | 0       | Tadley 10 Mile                     | 01:16:13 | 14           | Wokingham Half 18 Feb 18      | 01:35:39 | 20       | Abingdon Marathon Oct 18       | 03:32:31 | 18      | 9      | 97  |
| 3                      | Edyta Wilk        |                             |          | 0   |                                  |          | 0   | Winchcombe 10km 26 Aug 18      | 00:53:43 | 12  |         | Maidenhead Easter 10mile 30 Mar 18 | 01:12:54 | 18           |                               |          | 0        |                                |          | 0       | 3      | 33  |
| 4                      | E-J Bailey        | Newbury Parkrun 31 Mar 18   | 00:21:25 | 14  |                                  |          | 0   | Palma Mallorca 10km 14 Oct 18  | 00:49:31 | 14  |         | Bramley 10 11 Feb 18               | 01:11:35 | 20           |                               |          | 0        |                                |          | 0       | 3      | 51  |
| 5                      | Emily Craggs      | Newbury Parkrun 28 Apr 18   | 00:28:49 | 8   |                                  |          | 0   |                                |          |     | 0       |                                    |          |              |                               |          | 0        |                                |          | 0       |        | 8   |
| 6                      | Hannah Coxhead    |                             |          | 0   |                                  |          | 0   |                                |          |     | 0       |                                    |          |              | Kenilworth Half               | 01:56:41 | 12       | London Marathon 2018 22 Apr 18 | 04:25:22 | 12      |        | 24  |
| 7                      | Jenny Eaton       | Newbury Parkrun 14 Jul 18   | 00:21:38 | 12  | Romsey 5 28 Jan 18               | 00:34:05 | 20  | Royal Berkshire 10km 20 May 18 | 00:44:43 | 18  |         | Maidenhead Easter 10 30 Mar 18     | 01:13:27 | 16           | Cardiff Half Marathon         | 01:39:48 | 18       | London Marathon 2018 22 Apr 18 | 03:29:18 | 20      | 15     | 107 |
| 8                      | Jess Franklin     | Jersey Parkrun 11 Aug 18    | 00:18:15 | 20  |                                  |          | 0   | Roc 10km 27 May 18             | 00:40:49 | 20  |         |                                    |          | 0            |                               |          | 0        |                                |          | 0       | 3      | 43  |
| 9                      | Philippa Cass     |                             |          | 0   |                                  |          | 0   | Englefield 10k                 | 00:46:10 | 16  |         |                                    |          | 0            | New Forest Half               | 01:44:57 | 16       | Brighton Marathon              | 03:33:25 | 16      | 3      | 51  |
| 10                     | Rebecca Elsmere   |                             | 00:29:40 | 6   |                                  |          | 0   |                                |          |     | 0       |                                    |          |              |                               |          | 0        |                                |          | 0       |        | 6   |
| 11                     | Sheila Marshall   | Newbury Parkrun 5 May 18    | 00:26:15 | 10  | Grant & Stone Marlow 5 13 May 18 | 00:41:21 | 16  | Woodley 10km 15 Apr 18         | 00:54:39 | 10  |         | Bramley 10 11 Feb 18               | 01:27:15 | 12           |                               |          | 0        |                                |          | 0       |        | 48  |
| 12                     | Sue van Huyssteen |                             |          | 0   |                                  |          | 0   |                                |          |     | 0       |                                    |          |              | Palma Mallorca Half 14 Oct 18 | 01:51:36 | 14       | Southampton Marathon 22 Apr 18 | 03:53:18 | 14      |        | 28  |

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| 3 | Club rec  |
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| Women Division 1 |                  |                                 |          |     |                      |          |     |                         |          |     |         |                        |          |              |                                      |          |          |                    |          |         |        |    |
|------------------|------------------|---------------------------------|----------|-----|----------------------|----------|-----|-------------------------|----------|-----|---------|------------------------|----------|--------------|--------------------------------------|----------|----------|--------------------|----------|---------|--------|----|
| Position         | Name             | 5Km                             |          |     | 5 mile               |          |     | 10Km                    |          |     | 10 mile |                        |          | 1/2 Marathon |                                      |          | Marathon |                    |          | BONUSES | BEST 5 |    |
|                  |                  | Race                            | time     | pts | Race                 | time     | pts | Race                    | time     | pts | Race    | time                   | pts      | Race         | time                                 | pts      | Race     | time               | pts      |         |        |    |
| 1                | Victoria Duncan  | SAL Div 2W                      | 00:18:31 | 18  |                      |          | 0   |                         |          |     |         |                        |          |              | Putney & Fulham Riverside Half       | 01:26:06 | 20       |                    |          | 0       | 3      | 41 |
| 2                | Mariama Barrie   |                                 |          | 0   |                      |          | 0   | Roc 10km 27 May 18      | 00:55:26 | 14  |         | Great South Run Oct 18 | 01:39:51 | 16           |                                      |          | 0        | Brighton Marathon  | 04:32:20 | 18      | 3      | 51 |
| 3                | Liz Pudney       |                                 |          | 0   |                      |          | 0   | Hastings 10km           | 00:48:23 | 18  |         | Bramley 10 mile        | 01:19:56 | 20           | Southampton Half                     | 01:51:47 | 18       | Loch Ness Marathon | 03:59:26 | 20      | 9      | 85 |
| 4                | Charlotte Winton |                                 |          | 0   |                      |          | 0   |                         |          |     | 0       |                        |          |              |                                      |          | 0        |                    |          | 0       |        | 0  |
| 5                | Izzy Fry         | Newbury Parkrun 21 Apr 18       | 00:18:03 | 20  |                      |          | 0   |                         |          |     | 0       |                        |          |              |                                      |          | 0        |                    |          | 0       |        | 20 |
| 6                | Jill Mowat       | Newbury Parkrun 5 May 18        | 00:24:35 | 12  | Kintbury 5 3 Jun 18  | 00:40:31 | 20  |                         |          |     | 0       |                        |          |              | Liverpool rock n roll half 20 May 18 | 01:58:45 | 16       |                    |          | 0       | 6      | 54 |
| 7                | Julie Coxhead    |                                 |          | 0   |                      |          | 0   |                         |          |     | 0       |                        |          |              |                                      |          | 0        |                    |          | 0       |        | 0  |
| 8                | Karen Shone      | Brockwell Parkrun 9 Jun 18      | 00:25:33 | 10  |                      |          | 0   | Roc 10km 27 May 18      | 00:56:49 | 12  |         |                        |          | 0            |                                      |          | 0        |                    |          | 0       |        | 22 |
| 9                | Liz Harkness     | Llanelli Coast Parkrun 8 Sep 18 | 00:27:07 | 8   | Highworth 5 8 Apr 18 | 00:45:23 | 18  | Mortimer 10km 30 Sep 18 | 00:57:35 | 10  |         |                        |          | 0            |                                      |          | 0        |                    |          | 0       | 6      | 42 |

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| 3 | Club rec  |
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|----|--------------------|--------------------------------|----------|----|--|--|---|----------------------------|----------|----|--------------------------------------|----------|----|-----------------------------|----------|----|-------------------------------------------|----------|----|----|
| 10 | Rebecca Downie     | Newbury Parkrun<br>17 Apr 18   | 00:21:32 | 14 |  |  | 0 | Roc 10km<br>27 May 18      | 00:48:33 | 16 |                                      |          | 0  |                             |          | 0  | 3                                         | 33       |    |    |
| 11 | Sarah Fowler       |                                |          | 0  |  |  | 0 |                            |          | 0  |                                      |          | 0  |                             |          | 0  |                                           | 0        |    |    |
| 12 | Emma Downie        | Newbury Parkrun                | 00:20:23 | 16 |  |  | 0 | Roc 10km<br>27 May 18      | 00:45:48 | 20 |                                      |          | 0  |                             |          | 0  | 3                                         | 39       |    |    |
| 13 | Stephanie Smallman | Maidenhead Parkrun<br>9 Jun 18 | 00:28:21 | 6  |  |  | 0 | Wargrave 10km<br>10 Jun 18 | 00:57:42 | 8  | Maidenhead Easter<br>10<br>30 Mar 18 | 01:29:34 | 18 | Wokingham Half<br>18 Feb 18 | 01:59:17 | 14 | Hampshire Hoppit<br>Marathon<br>17 Jun 18 | 05:05:07 | 16 | 62 |

| Men Premier Division |                 |                                    |          |     |                        |          |     |                |          |     |                      |          |     |                            |          |     |            |          |     |                    |          |     |         |        |
|----------------------|-----------------|------------------------------------|----------|-----|------------------------|----------|-----|----------------|----------|-----|----------------------|----------|-----|----------------------------|----------|-----|------------|----------|-----|--------------------|----------|-----|---------|--------|
| Position             | Name            | 5km                                |          |     | 5 mile                 |          |     | 10Km           |          |     | 10 mile              |          |     | 1/2 Marathon               |          |     | 20 mile    |          |     | Marathon           |          |     | BONUSES | BEST 6 |
|                      |                 | Race                               | time     | pts | Race                   | time     | pts | Race           | time     | pts | Race                 | time     | pts | Race                       | time     | pts | Race       | time     | pts | Race               | time     | pts |         |        |
| 1                    | Chris Pudney    | Carine Glades parkrun              | 00:19:46 | 2   |                        |          | 0   | Shinfield 10k  | 00:42:10 | 8   | Brighton             | 01:05:19 | 14  | Yeovil Half Marathon       | 01:28:08 | 14  | Bramley 20 | 02:29:07 | 14  | Loch Ness Marathon | 03:19:12 | 18  |         | 70     |
| 2                    | Conor McGrory   | Parkrun 31 Mar 18                  | 00:18:11 | 10  |                        |          | 0   |                |          | 0   | Tadley 10 14 Oct 18  | 01:06:48 | 10  |                            |          | 0   | Bramley 20 | 02:10:25 | 18  |                    |          | 0   | 6       | 44     |
| 3                    | Dave Wright     | Wooton Parkrun                     | 00:20:47 | 1   | Pewsey 5 mile          | 00:34:19 | 10  | Shinfield 10km | 00:44:19 | 6   | Rough n Tumble       | 01:18:04 | 6   | Temple Trail Half          | 01:36:04 | 10  |            |          | 0   | Clarendon Marathon | 03:46:30 | 14  |         | 47     |
| 4                    | James Craggs    | Portsmouth SAL                     | 00:16:50 | 18  |                        |          | 0   |                |          | 0   |                      |          | 0   |                            |          | 0   |            |          | 0   |                    |          | 0   |         | 18     |
| 5                    | Mark Vardy      | BMC Regional Races                 | 00:15:30 | 20  | Victoria Park Open 5   | 00:26:12 | 20  | Telford 10K    | 00:32:43 | 20  | Maidenhead Easter 10 | 00:54:32 | 20  | Paddock Wood Half Marathon | 01:12:11 | 20  |            |          | 0   |                    |          | 0   | 9       | 109    |
| 6                    | Martin Walker   | Southern Counties Veterans' League | 00:18:45 | 8   |                        |          | 0   |                |          | 0   |                      |          | 0   |                            |          | 0   | Bramley 20 | 02:13:21 | 16  |                    |          | 0   | 3       | 27     |
| 7                    | Mike Robbins    | Basingstoke parkrun                | 00:17:02 | 16  |                        |          | 0   | Bourton 10k    | 00:36:09 | 16  |                      |          | 0   |                            |          | 0   |            |          | 0   |                    |          | 0   | 6       | 38     |
| 8                    | Mike Sheridan   | Southern Counties Veterans' League | 00:19:31 | 4   | Didcot 5               | 00:32:24 | 12  | Cardiff 10K    | 00:41:08 | 10  | Great South Run      | 01:05:54 | 12  |                            |          | 0   |            |          | 0   | London Marathon    | 03:19:55 | 16  |         | 54     |
| 9                    | Nige Popplewell | Newbury parkrun                    | 00:19:04 | 6   | Kintbury 5             | 00:32:17 | 14  | Cricklade 10k  | 00:39:40 | 12  | Tadley 10 14 Oct 18  | 01:06:51 | 8   | White Horse Harriers       | 01:28:44 | 12  |            |          | 0   |                    |          | 0   |         | 52     |
| 10                   | Phil Marshall   | Fulham Palace parkrun              | 00:17:06 | 14  |                        |          | 0   |                |          | 0   |                      |          | 0   | Copenhagen Half Marathon   | 01:22:25 | 16  |            |          | 0   |                    |          | 0   | 3       | 33     |
| 11                   | Stephen Elsmere | York parkrun                       | 00:17:18 | 12  | Grant & Stone Marlow 5 | 00:28:48 | 18  | Woodley 10K    | 00:36:00 | 18  | Maidenhead Easter 10 | 00:59:09 | 18  | Wokingham Half Marathon    | 01:18:10 | 18  |            |          | 0   |                    |          | 0   | 6       | 90     |
| 12                   | Steve Barnes    |                                    |          | 0   | Kintbury               | 00:29:34 | 16  | Shinfield      | 00:37:17 | 14  | Maidenhead           | 01:00:44 | 16  |                            |          | 0   | Bramley 20 | 02:09:03 | 20  | London Marathon    | 03:00:25 | 20  |         | 86     |

| Men Division 1 |                     |                                    |          |     |                        |          |     |                   |          |     |                      |          |     |                         |          |     |                   |          |     |                   |          |     |         |        |
|----------------|---------------------|------------------------------------|----------|-----|------------------------|----------|-----|-------------------|----------|-----|----------------------|----------|-----|-------------------------|----------|-----|-------------------|----------|-----|-------------------|----------|-----|---------|--------|
| Position       | Name                | 5km                                |          |     | 5 mile                 |          |     | 10Km              |          |     | 10 mile              |          |     | 1/2 Marathon            |          |     | 20 mile           |          |     | Marathon          |          |     | BONUSES | BEST 6 |
|                |                     | Race                               | time     | pts | Race                   | time     | pts | Race              | time     | pts | Race                 | time     | pts | Race                    | time     | pts | Race              | time     | pts | Race              | time     | pts |         |        |
| 1              | Andrew Ind          |                                    |          | 0   |                        |          | 0   |                   |          | 0   |                      |          | 0   |                         |          | 0   |                   |          | 0   |                   |          | 0   | 0       |        |
| 2              | Andy McKendrick     | Newbury Parkrun 18 Aug 18          | 00:18:48 | 12  | Grant & Stone Marlow 5 | 00:31:02 | 16  | Cricklade 10K     | 00:37:46 | 16  | Cotswolds Classic    | 01:03:04 | 16  | Fleet Half              | 01:26:14 | 16  |                   |          | 0   |                   |          | 0   | 15      | 91     |
| 3              | Dan Reeves          |                                    |          | 0   |                        |          | 0   |                   |          | 0   |                      |          | 0   |                         |          | 0   |                   |          | 0   |                   |          | 0   | 0       |        |
| 4              | Graham Stent        | Bryn Bach parkrun                  | 00:18:03 | 16  |                        |          | 0   |                   |          | 0   |                      |          | 0   | Wokingham Half Marathon | 01:46:41 | 10  |                   |          | 0   |                   |          | 0   | 26      |        |
| 5              | Jeff Bird           | Poole parkrun                      | 00:17:31 | 18  | Marlow                 | 00:29:58 | 20  | Stubbington Green | 00:36:09 | 18  | Tadley 10            | 01:02:25 | 18  | Wokingham Half          | 01:21:55 | 20  | Draycote Water 20 | 02:14:05 | 20  | Abingdon Marathon | 02:58:23 | 20  | 18      | 134    |
| 6              | Julian Tulk         | Newbury Parkrun                    | 00:19:51 | 8   |                        |          | 0   | Roc 10k           | 00:42:31 | 10  |                      |          | 0   | Ridgeway Revenge        | 01:41:42 | 12  |                   |          | 0   |                   |          | 0   | 3       | 33     |
| 7              | Matt Green          | Calne 5km clock challenge          | 00:16:36 | 20  | Hurstbourne 5          | 00:32:31 | 14  | Mortimer 10k      | 00:34:02 | 20  | Maidenhead Easter 10 | 00:56:07 | 20  |                         |          | 0   |                   |          | 0   |                   |          | 0   | 9       | 83     |
| 8              | Michal Szczepanczyk | Newbury Parkrun                    | 00:18:32 | 14  |                        |          | 0   |                   |          | 0   | Maidenhead Easter 10 | 01:11:43 | 12  |                         |          | 0   |                   |          | 0   |                   |          | 0   | 26      |        |
| 9              | Peter Crisp         |                                    |          | 0   |                        |          | 0   |                   |          | 0   |                      |          | 0   |                         |          | 0   |                   |          | 0   |                   |          | 0   | 0       |        |
| 10             | Stephen Ferriday    | Newbury Parkrun                    | 00:20:36 | 6   |                        | 00:34:40 | 12  | Yorkshire Coast   | 00:42:10 | 12  | Tadley 10 mile       | 01:13:27 | 10  | Cricklade Half          | 01:36:13 | 14  | Bramley           | 02:45:47 | 18  |                   |          | 0   | 3       | 75     |
| 11             | Wayne Lillis        | Southern Counties Veterans' League | 00:19:07 | 10  | Romsey 5               | 00:30:51 | 18  | Woodley 10k       | 00:39:27 | 14  | Maidenhead Easter 10 | 01:04:06 | 14  | Wokingham Half          | 01:24:54 | 18  |                   |          | 0   |                   |          | 0   |         | 74     |

| Men Division 2 |                  |                                       |          |     |               |          |     |                  |          |     |                      |          |     |                                           |          |     |                           |          |     |                   |          |     |         |        |
|----------------|------------------|---------------------------------------|----------|-----|---------------|----------|-----|------------------|----------|-----|----------------------|----------|-----|-------------------------------------------|----------|-----|---------------------------|----------|-----|-------------------|----------|-----|---------|--------|
| Position       | Name             | 5km                                   |          |     | 5 mile        |          |     | 10Km             |          |     | 10 mile              |          |     | 1/2 Marathon                              |          |     | 20 mile                   |          |     | Marathon          |          |     | BONUSES | BEST 6 |
|                |                  | Race                                  | time     | pts | Race          | time     | pts | Race             | time     | pts | Race                 | time     | pts | Race                                      | time     | pts | Race                      | time     | pts | Race              | time     | pts |         |        |
| 1              | Alan Twyford     |                                       |          | 0   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 0      |
| 2              | Alex Muir        | Southern Athletics League Division 2W | 00:15:55 | 18  |               |          | 0   |                  |          | 0   |                      |          | 0   | Scottish Half Marathon                    | 01:15:15 | 18  |                           |          | 0   |                   |          | 0   |         | 36     |
| 3              | Andrew Russell   | Newbury Parkrun                       | 00:20:26 | 8   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 8      |
| 4              | Ben Wickens      | Bryn Bach parkrun                     | 00:17:46 | 12  | Kintbury 5    | 00:29:44 | 20  | Woodley 10k      | 00:37:40 | 18  |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   | 6       | 56     |
| 5              | Derek Matthews   | Newbury Parkrun                       | 00:25:06 | 4   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 4      |
| 6              | Ian Colcomb      | Newbury Parkrun                       | 00:23:21 | 6   | Roc 10k       | 00:49:57 | 16  |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 22     |
| 7              | Irwin Fairclough |                                       |          | 0   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 0      |
| 8              | James Paisley    |                                       |          | 0   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 0      |
| 9              | Joe Hoskins      | Fulham Palace Parkrun                 | 00:17:38 | 14  |               |          | 0   | ROC 10Km         | 00:38:57 | 16  |                      |          | 0   | Wokingham                                 | 01:25:28 | 14  |                           |          | 0   | Manchester        | 03:25:11 | 18  | 6       | 68     |
| 10             | Martyn Staines   |                                       |          | 0   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 0      |
| 11             | Mike Wheeler     | Fulham Palace Parkrun                 | 00:17:20 | 16  |               |          | 0   | Gibbet Challenge | 00:44:21 | 12  | Rough n tumble       | 01:18:12 | 18  | Wokingham Half                            | 01:21:57 | 16  |                           |          | 0   | Abingdon Marathon | 02:58:52 | 20  | 9       | 91     |
| 12             | Pete Evans       |                                       |          | 0   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 0      |
| 14             | Ryan Hill        | St Andrews parkrun                    | 00:19:31 | 10  | Ollie Johnson | 00:33:06 | 18  | Richmond 10km    | 00:42:00 | 14  | Maidenhead Easter 10 | 01:08:58 | 20  | Whistle Stop Tour of Wirral Half Marathon | 01:35:52 | 12  | Goodwood Motor Circuit 20 | 02:59:43 | 20  |                   |          | 0   | 12      | 106    |
| 18             | Tom Teece        |                                       |          | 0   |               |          | 0   |                  |          | 0   |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   |         | 0      |
| 19             | Callum O'Neill   | Mid Cheshire 5k                       | 00:15:37 | 20  |               |          | 0   | ROC 10Km         | 00:33:53 | 20  |                      |          | 0   |                                           |          | 0   |                           |          | 0   |                   |          | 0   | 3       | 43     |
| 20             | Tom Watkins      |                                       |          | 0   |               |          | 0   |                  |          | 0   |                      |          | 0   | Windsor Half Marathon                     | 01:13:04 | 20  |                           |          | 0   |                   |          | 0   |         | 20     |