

Name	Distance	Time	Age	Age-graded score
Mike Sheridan	10M	1:05:54	69	89.3
Josie Robertson	5K	0:18:47	12	87.8
Mike Sheridan	5K	0:19:32	68	87.5
Mike Sheridan	5M	0:32:24	68	87.0
Mike Sheridan	10K	0:41:08	68	86.1
Jenny Eaton	5M	0:34:05	55	84.9
Anne Stewart-Power	5K	0:20:46	55	84.1
Izzy Fry	5K	0:18:03	17	83.1
Callum O'Neill	5K	0:15:37	21	83.1
Jenny Eaton	10M	1:13:27	56	82.3
Mark Vardy	10K	0:32:43	28	81.7
Jenny Eaton	10K	0:44:43	55	81.5
Mike Sheridan	Mar	3:19:55	68	81.3
Mark Vardy	HM	1:12:11	28	80.9
Mark Vardy	10M	0:54:32	28	80.7
Callum O'Neill	10K	0:33:12	21	80.5
Luci Robertson	5K	0:19:50	13	80.4
Tom Watkins	HM	1:13:04	26	79.9
James Craggs	5K	0:16:50	37	79.7
Jenny Eaton	HM	1:39:48	55	79.0
Steve Barnes	10M	1:00:04	47	79.0
Jenny Eaton	Mar	3:29:18	55	78.5
Alex Muir	5k	0:16:33	26	78.5
Mark Vardy	5K	0:16:37	28	78.1
Chris Pudney	10M	1:05:19	54	78.1
Liz Harkness	5K	0:27:07	70	77.9
Alex Muir	HM	1:15:15	26	77.6
Nigel Popplewell	5K	0:19:04	50	77.4
Chris Pudney	5k	0:19:46	54	77.0
Liz Harkness	5M	0:45:25	69	76.9
Wayne Lillis	10M	1:04:06	50	76.8
Wayne Lillis	HM	1:24:53	50	76.7
Liz Harkness	10K	0:58:45	70	76.5
Chris Pudney	HM	1:28:08	53	75.9
Nigel Popplewell	10K	0:39:40	50	75.8
Andy Tuttle	5K	0:21:18	59	74.3
Andrew Lees	5K	0:23:02	67	73.6
Nigel Popplewell	HM	1:28:44	49	72.8
Sheila Marshall	10M	1:31:45	63	72.4