

Berks Bucks and Oxon Cross Country Association Annual Championships 2018

To be hosted by Newbury AC on Sunday 18th November 2018 at Newbury Showground,
Priors Court Road, Hermitage, Thatcham, RG18 9QZ.

Senior Women's Championship (U20, Senior & Vet) - The President's Shield

Race start time	11:30
Race distance approx:	6km
Teams:	Teams of 8 to run, first 3 to finish will score
Entry fee:	£20 for the 1st team, subsequent teams £10 each
Medals:	To the first three runners to finish regardless of age group. Also to the first three runners of the first three teams, subject to a minimum of eight teams being entered. In addition medals will be awarded to the first three U20 (over 17 and under 20 on 1st September), the first three Senior athletes, and the first three Veterans (over 35 on the day of the race). No separate entry fee for vets, all over 35 entrants in the senior races to be included in vet trophy competition - The Arthur Killbery Shield.

Senior Mens Championship (U20, Senior & Vet) - The Howard Palmer Shield

Race start time	12:15
Race distance approx:	9.5km
Teams:	Teams of 12 to run, first 6 to finish will score
Entry fee:	£30 for the 1st team, subsequent teams £15 each
Medals:	To the first three runners to finish regardless of age group. Also to the first six runners of the first three teams, subject to a minimum of eight teams being entered. In addition medals will be awarded to the first three U20 (over 17 and under 20 on 1st September), the first three Senior athletes, and the first three Veterans (over 35 on the day of the race). No separate entry fee for vets, all over 35 entrants in the senior races to be included in vet trophy competition - The Reg Green Shield.

The Senior and Vet races will be run together as a combined race

On the entry documents please clearly indicate U20, Senior and Veteran athletes.

Girls U13 Championship - The Bracknell 50 Shield

Race start time:	13:20
Race distance approx:	3.5km
Age:	Under 13 on 1st September. Under 11 runners should not be entered

Boys U13 Championship - H.D. Hawkins Shield

Race start time:	13:40
Race distance approx:	3.5km
Age:	Under 13 on 1st September. Under 11 runners should not be entered

Girls U15 Championship - The Chairman's Shield

Race start time:	14:00
Race distance approx:	4km
Age:	Over 13 and under 15 on 1st September

Boys U15 Championship - The Den Deane Shield

Race start time:	14:25
Race distance approx:	4km
Age:	Over 13 and under 15 on 1st September

Women's U17 Championship - Ward Shield

Race start time:	14:50
Race distance approx:	6km
Age:	Over 15 and under 17 on 1st September

Mens U17 Championship - The Desborough Challenge Cup

Race start time:	14:50
Race distance approx:	6km
Age:	Over 15 and under 17 on 1st September

The U17 Women's and U17 Mens race will be run together as a combined race

FOR ALL THE ABOVE RACES (U13 TO U17) THE FOLLOWING WILL APPLY:

Teams:	Teams of 6 to run, first 3 to finish will score
Entry fee:	£20 for the 1st team, subsequent teams £10 each
Medals:	To the first three runners to finish. Also to the first three runners of the first three teams, subject to a minimum of eight teams being entered.

Guidance Notes

1. All competitors must be first claim members of the club they represent and be eligible under the English Cross Country Union Rules for cross country running.
2. There are no formal entry forms. Please enclose the following details for each athlete entered: First & Last Name, Age Group, EA Registration number. **Please note that the EA Registration number is an important additional requirement for this year.**
3. Individual athletes may be entered by an affiliated club, but they must be first claim members. Individual entry fees are £6 for Senior Men and Women, all other age groups £5.
4. Please make entry fee cheques payable to Berks, Bucks and Oxon CCA and enclose with your entry documents. Alternatively please email your entry documents to simon.walker@mac.com and send payment separately by post.
5. The postal address for entries is: BBO CX Entires, c/o Simon Walker, 2 Merlewood, Bracknell, Berkshire.
6. The closing date for all entries is Friday November 9th.
7. Club affiliation fees are now due and should be sent with the race entry fees to the above address. Affiliation fees are: Senior Clubs £5, Youth Organisations £3.