



**Newbury Athletic Club
Annual General Meeting
Wednesday 26th April 2023, 19:30
Virtual Meeting – Held via Zoom**

Meeting opened at 19:32

1). Adoption of minutes for 2022

- It was agreed that these were a true record and were signed off by Bob Broadbridge.

2). Matters arising from the 2022 minutes

- There were no matters arising from the 2022 minutes

3). Chairman's report - (Appendix 1)

Bob Broadbridge

4). Treasurers Report - (Appendix 2 redacted)

Please contact the General Secretary if you wish to see this report.

5). Membership Report - (Appendix 3 redacted)

Please contact the General Secretary if you wish to see this report.

6). Election of Officers

The following officers were unanimously elected to remain in post:

| Role | Named individual | Committee? |
|--|-------------------------|-------------------|
| President/CCAT Representative | Simon Barrett | No |
| Chair | Bob Broadbridge* | Yes |
| Treasurer | Ryan Hill** | Yes |
| General Secretary | Matt Green | Yes |
| Membership Secretary – Seniors | Sarah Fowler* | Yes |
| Welfare Officer | Lisa Pritchard** | Yes |
| Cross Country Team Manager | Phil Marshall | Yes |
| Ladies Track and Field Manager | Jenny O'Connor | Yes |
| Men's Track and Field Manager | Mike Robbins* | Yes |
| Boy's Track and Field Manager | Nichole Lennon | No |
| Girl's Track and Field Manager | Sam Palmer | No |
| Junior Athlete Co-Ordinator(s) | Dan Tuttle | Yes |
| | Hazel Gilbert | Yes |
| Road Running Captain | Chris Hunt | Yes |
| Veterans Track and Field Manager | James Craggs | Yes |
| Track and Field Officials Co-ordinator | Ray Herbert | No |
| Property Master | Andy Tuttle* | Yes |
| Webmaster | Andy McKendrick | No |
| Social Secretary | Kaylene Christensen | Yes |

| | | |
|-----------------------------|---------------|-----|
| Highclere Race Organiser | Chloe Blair | Yes |
| Newbury 10km Race Organiser | Jeff Bird*** | Yes |
| Other Committee Members | Becky Elsmere | Yes |
| | Paul Trincas | Yes |

*** = Trustee of Charity ** = New Appointment *** = Trustee of charity and New Appointment**

Vacant positions

There are currently no vacant positions.

Note – Ray Herbert is due to retire/step down at the end of the 2023 track season and thus a replacement will need to be sought for the duties of track and field official's co-ordinator.

7). Any Other Business (AOB)

- There was one formal submissions for AOB prior to the AGM:
- Update from Bob regarding the status of NAC using the pavilion at Fifth Road, as follows;
 - I. St Barts have previously asked us to remove the pavilion at our cost, on the basis of their interpretation of our lease. The lease has expired in the sense that we are well past the end date, but this type of lease does not just cease to exist at the end date.
 - II. We have not given any ground to date on removal of the pavilion, nor liability to pay for it if we get to that point. The legal position is not entirely clear.
 - III. Many of the athletics facilities at Fifth Road have been removed to encourage us to leave, and our Juniors now train at CCAT instead of Fifth Road.
 - IV. The question for the AGM was – should we fight to stay there, are has its usefulness now reduced to the point that we would be prepared to exit.
 - V. All attendees agreed that we should not offer to pay an exit fee and should contest this as much as feasible as even if the lease is valid we are a charity and community club and the cost for removal of the pavilion would be significant.
 - VI. General agreement was that the field is of less use to the club now as the throwing area has been removed, the long jump pit has deteriorated and is unsafe, and the track is no longer being painted on the grass (although reports are it has been painted on this year but will not be maintained all track season)
 - VII. There was a discussion around the benefit for using Fifth Road for the middle-distance athletes, who feel that use of the rugby club in the summer months is not suitable for quicker/shorter sessions, and they would prefer to use Fifth Road for these. The suggestion to use CCAT was one which could create a compromise if it can be accommodated around junior sessions and 'busyness' of the track on Thur evenings.
 - VIII. The conclusion of the discussion was that Bob is going to discuss the situation with the new school governors at St. Barts to determine their stance on us using Fifth Road, and then discussions will be led by the committee accordingly in terms of the best way forward for the club

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- There was no other AOB raised on the night.

Meeting adjourned at 20:33

Full reports from all club captains are available in the following Appendix pages:

| | | | |
|------------------------|--------------------------|------------------------|------------|
| Chairman's Report | Appendix 1 | Junior Athletes Report | Appendix 6 |
| Treasurers Report | Appendix 2 (Redacted) | Cross Country Report | Appendix 7 |
| Membership Report | Appendix 3 (Redacted) | Welfare Report | Appendix 8 |
| Track and Field Report | Appendix 4 | Road Running Report | Appendix 9 |
| Vets Report | Appendix 5 | | |

Please contact the General Secretary if you wish to see the treasurers report (appendix 2) or the membership report (appendix 3).

Appendix 1: Chairman's Report

A warm welcome to everyone joining us this evening. We'll keep the reports as brief as possible and make sure we leave time for any questions.

Following a couple of years severely restricted by lockdowns, in 2022 we got back to business as usual in almost all respects. The gradual return to normality didn't quite come soon enough to allow us to stage either our Highclere run or our 10k Road Race, and our social calendar was quite limited. But for the most part, Newbury AC was up and running once again.

We enjoyed full and successful seasons in Track and Field, Cross Country and Indoor T+F. And we saw some fantastic performances from some of our Road Runners.

In Track and Field we returned to a full program in the Southern League and Wessex League, and a partial program in the Vets League.

Our Southern League Team had our best season for many years, winning 3 of our 5 matches, although we eventually had to settle for 5th in our Division 2W League.

Our Juniors finished 15th in the Wessex League, with the team being held back by low turnout levels in all of the matches.

There were quite a few age-group Club Records broken, and 2 Senior Club Records, both set by Izzy Fry in the 3000m and 5000m.

We had an excellent haul of County Championship medals across all age and event groups, and we had 3 members of the Throws squad at the English Schools Championships, finishing 2nd, 4th and 5th in their respective Hammer competitions.

In the Cross-Country season, our various teams had another excellent season. We had several individual and team medallists at the County Championship, and a number of age group title winners in the Oxford League.

The Indoor season saw Craig Beecham and Simon Barrett winning British Masters titles, and at the recent World Championships in Torun, they both won individual Silver medals – in LJ and 200m respectively. Simon also took Bronze in the 400m, and Craig picked up a Relay Gold.

On the Road we saw some quite extraordinary accomplishments by Dan Hawkins in the Ultra events, and by Mike Sheridan in the Half and Full Marathons – including winning the London Marathon for his age group.

Following the inevitable drop in membership levels during the lockdowns, we have had a steady stream of new members, and our numbers – particularly in the Juniors – are looking very healthy once again. Our club finances also remain strong, despite the loss of income from the Road Races.

And so to our club Pavilion at Fifth Road. Our expectations of losing the Pavilion at Fifth Road moved a step closer this year, with the removal by the school of the Athletics Track and the Throwing Circle. With the reduced facilities, very little use was made of the Pavilion last year. On top of this we suffered a water leak – resulting in a VERY expensive water bill – and there was a break in. All told, it may soon be time for us to call it a day and exit the Pavilion.

The CCAT facility is being well used year-round by most of our training groups, including the full Juniors sessions in the summer. We and TK continue to invest in the CCAT facility, with the first priority for the coming year being to upgrade the throwing cage to meet UKA safety standards. Further projects including a professional track clean are in the pipeline, and will be carried out once we agree lease terms with the company which runs the hospital.

My summary of 2022 as a whole would be that, after much disruption from Covid, we were well and truly back in business.

In 2023 we will see the return of the 10k Road Race, a social events programme, and our Road Running League will be in full swing once again.

All in all, Newbury AC will be back at its best, as a club we can feel truly proud of.

There is one final BUT!! We desperately need to recruit more volunteers, coaches and officials. We are increasingly reliant on small groups of people, whose goodwill is likely to wane without more support.

To allow our club to continue to flourish, we need more volunteers urgently, so please step up and help wherever you can.

Thank you.

- Bob Broadbridge

Appendix 4: Track and Field Report – Senior Men's/Ladies

After two seasons of disrupted or localised competition due to the COVID pandemic, Newbury AC finally returned to business as usual in track and field competition in 2022. It was a strong season for the club, finishing fifth in Division 2 West of the Southern Athletics League, just two match points away from a top four finish.

The start of the season was unexpectedly postponed, after travelers set up camp on the Andover track, preventing us kicking off the season with a home fixture. The team were eventually up and running a month later in Carshalton, although a small squad combined with a tough fixture against the eventual league champions and runners up meant the points were hard to come by, although it was promising to see a good group of young athletes making their senior debuts.

The season really kicked off for Newbury at round three in Hillingdon, on a day where everything seemed to go right for the club. A massive 20 event wins (including four each for Dan Tuttle and Sam Plumb) meant Newbury took their first league match win for three years. To show this wasn't just a fluke, the club followed this up with another win in the fourth fixture at Oxford, this time Helen Broadbridge was the star performer for the club, picking up the athlete of the match award for her dominant victory in the hammer. Any dreams of promotion were ended at the final match of the season, our second visit to Carshalton. With not many Newbury athletes still up for competition in September, combined with the long journey, it was a difficult day and the club had to settle for fourth place, although a highlight was Helen picking up her second consecutive athlete of the match award.

Over the league season, we had 45 athletes competing in the league (significantly down on previous years), with 17 of those making their Newbury AC senior debuts. We had 31 A string victories, and followed that up with 33 wins in the B string.

Away from the league, our star performer this year was Craig Beecham. Craig set a new British record of 6.24m in the V50 long jump on his way to winning gold medals at the British indoor and outdoor championships, European indoors, and narrowly missing out on the world outdoors, having to settle for silver. Craig did get his hands on a world championship gold medal though, as part of the winning 4x100m relay team. All this meant Craig was deservedly nominated by Athletics Weekly for a prestigious Readers Choice award.

The veterans category is always such a strong area for Newbury AC, and there were further international medalists with Simon Barrett making his final appearance as a V65 to claim a European bronze in the 200m, and Jenny O'Connor taking picking up her first world championship medal with a bronze in the V50 heptathlon. Club chairman Bob Broadbridge narrowly missed out on a medal with three fourth places in the European indoor throws. At the other end of the age spectrum, the club had representation at the English Schools finals, with Maisie Jeger qualifying in the 800m, and new member Waheeda Wasterfall finishing 7th in the triple jump. In her final year as an U23 athlete, Izzy Fry continued to wear the Newbury vest with pride, taking a very impressive bronze medal at the UK Indoor

championships in the 3000m, while further extending her own overall club records in both the 3000m and 5000m.

A final note of thanks goes to all the athletes who have supported their club in team competition this year, and even more so to the coaches and officials who voluntarily give up their free time to make all these achievements possible. Without them we really wouldn't have the successes that we do, so I would encourage anyone to get involved in whatever way they can to ensure the sustainability of the sport. I look forward to another successful year in 2023.

- Mike Robbins

Appendix 5: Vets Report

2022 saw NAC's veteran Track & Field athletes continue to take part in the Western Division of the Southern Counties Veteran athletic league. The season was made up of 4 fixtures with the combined NAC Mens and Women team finishing mid table in the eight-team league. The men finishing slightly higher due to the number of competing athletes. Our most successful athletes in terms of points scoring were Craig Beecham, Jenny O'Connor and Bob Broadbridge. We co-hosted the third fixture with Abingdon, Sara Rudd carrying out the vital role of results co – Ordinator.

The 2023 season is just starting with the first of four fixtures taking place this week. Hopefully we will have a good turnout of athletes at all fixtures with enthusiasm coming from new athletes entering the age group.

In terms of challenges, we find it difficult to get completing female athletes and the required number of officials despite a loyal band who carry out this crucial role at the fixtures. This season points are going to be awarded for officials and I'm slightly concerned that we aren't going to be able to obtain them due to limited availability and the level of qualification most of our officials have. In addition to level 1 officials, we are asked to supply officials with a qualification above this as this is where we have very few. Over the winter, I've been part of a league working group trying to ensure that fixtures are organised and delivered in the same way by all clubs. The SCVA league currently don't have a secretary so at present there won't be an end of season final for league winners across the region. Hopefully we can have a successful season in 2023.

- James Craggs

Appendix 6: Junior Athletes Report

Following a disrupted and much shorter 2021 season, it was exciting to have a full roster back on the cards for 2022. The junior season got underway in April at the Wessex League with a 30 athlete-strong team travelling to Oxford.

In the middle distances, a new U13 dream team formed of Henry Wilson and new to age-group Ollie Blatchford as they achieved both A & B string wins in the 800m. Feeling inspired, this was a feat later replicated by U17's Jacob Woods and Matt Carter. Not to be outdone by the boys, U15 Katya Burgess stepped up to win the 1500m whilst Jacob Glendenning & Josh Norton battled it out for bragging rights as they also completed the 1500m double respectively.

Impressively this early on into the season, it was age grades galore across multiple disciplines. There were grade 4 performances achieved by Emily Caine in her triumphant 70m Hurdles win, Ffion Pritchard and Phoebe Ryder-Benson in the 200m, Jacob Woods in the 400m, Beth Palmer in the discus and Anna Delavere in the javelin. Phoebe also went one better in the 300m with a grade 3 performance of 42 seconds.

There was a strong junior medal haul in May at the Berkshire county champs in Bracknell. Bronze medals were awarded to Charlie Adams and Josh Norton in the 3000m, Phoebe in the 200m and Jacob Woods in the 400m. Huge performances from Aston Howse in the 3000m and Beth Palmer in the discus secured them well earned silver medals. It was an absolute masterclass in racing that won Jacob Woods his gold medal in the 800m. Not pressured to go out too fast with the race leader, Jacob sat patiently in second place until the home straight where he reeled him in, dipping on the line to win with a new 4 second PB. This win secured Jacob selection into the Berkshire team at the Southern Inter-counties in August which he went on to make the final in.

On to June and we resume with the Wessex League in Swindon. The U11 quadkids kicked off their season in style with particularly impressive performances from Jude Bennett and Imogen Waite. Jude ran a heroic 600m to finish with the second fastest time of the day and Imogen threw the 3rd best vortex out of the entire field. The Wilson & Blatchford dream-team did the 800m double once again and future multi-eventer Daniyal Mohammed flew over 4m in the long jump for the first time. Emily Caine and multi-eventer Anna Delavere remained undefeated in the hurdles and javelin respectively with Isabel Moore making her season debut with a win in the 1500m. Sophie Livingstone also launched the discus to an emphatic victory to back up her second place in the shot put.

June was a busy month which saw a number of our junior athletes representing West Berkshire at the schools county champs. Sophie Livingstone came agonisingly close in both

county competitions finishing one position outside the medals in the hammer. Katya Burgess won a fantastic bronze medal in the 1500m, Phoebe a bronze in the 300m and Sophie Bhatt a bronze in the 3000m. Beth Palmer added to her county silver collection with a brilliant second place in the discus. Club newcomer Waheeda Wasterfall took the triple jump crown which earned her selection to the English Schools Championships where she placed 7th in the final. Other club athletes that made it to English Schools were Maisie Jeger in the 800m, and second claim hammer throwers Harry Ricketts, Fin Hanham and Eloise MacDonald. Harry and Eloise winning silver and bronze medals.

The Wessex league in July saw scorching heat in Aldershot. The quality of performances however showed no sign of letting up. Henry Wilson was pushed right to the end in his 800m, resulting in a sensational victory with a grade 2 performance and new age group club record of 2:23.7, with Ollie Blatchford once again coming up with the B-String goods. There were clean sweeps in the U17 boys middle distance and U17 girls sprints. Jacob and Matt in the 800m, Charlie and Aston in the 1500m - a four that later on came 2nd in the 4x100m relay. Clementine Barry dominated the 100m and 200m sprints, with Evie Clarke and Phoebe securing strong B string wins. Anna Delavere once again went undefeated in the javelin for the 3rd league match in a row. Sophie Livingstone continued her fine form by winning both the shot put and discus events with Francesca Bailey backing her up with wins in the B string.

The final match of the season was a home meeting held at Andover in September. All hands were on deck and lots of volunteers stepped up to the mark to make it a highly successful and well run meeting. The highlights of the day included Jacob Woods and Matt Carter winning the 800m double for the 3rd time together this season. Phoebe and Miriam Cooper dominated in the A & B 300m, with Miriam going on to win the 800m too. Finley Hanham launched the discus an enormous 38 metres for the win on his first Newbury outing of the season. The season was nicely rounded off by the U17 4x100m relay team of Phoebe, Miriam, Evie and Clementine storming home to victory.

All in all it was a great season for the juniors at Newbury Athletic Club. With life returning to normal, the junior section of the club is looking like it will improve even further this new season.

A big thank you goes to all the junior athletes that represented the club and a particular well done to the following athletes who competed at every single league meeting: Ollie Blatchford, Daniyal Mohammed, Lola Ashton, George Studart, Anna Delavere, Beth Palmer, Rosie Stockwell, Libby Stockwell, Matt Carter, Clementine Barry, Sophie Livingstone & Emily Cox.

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On behalf of all the athletes I'd like to thank all the coaches and officials that give up their free time voluntarily and keep this club going. Sam Palmer and Matt Studart did another fantastic job as team managers last year and I'd like to thank them both for their efforts over the last few years. Matt has decided it's time to step down as Boys Team Manager so if anyone is able and interested in taking up the position please get in touch.

Here's to a successful 2023.

- Dan Tuttle

Appendix 7: Cross-Country Report

Newbury AC had another very successful cross country season.

In the Oxfordshire Cross Country League campaign held over 5 fixtures, Rupert Knight (U11), Katya Burgess (U15), Josie Robertson (U17) and Sophie Bhatt (U20) all won their age groups this season. The U17 girls won the overall team title thanks to Josie Robertson, Isabel Moore and Miriam Cooper.

In the Seniors, Rachel Allen (V2), Steve Barnes (V2) and Geoff Anderson (V4) were all 2nd overall in their age categories and picked silver medals with Bernie Gerrard completing a brilliant cross country season by claiming 3rd in the V1 category.

Matthew Green was our highest placed senior man finishing the season in 5th place overall and significantly contributing to Newbury AC A Team finishing 2nd overall in Division One. The strength in depth of the squad was really highlighted by our B team winning Division Two with medals awarded to Lewis Newton, Martin Walker, Richard Kennedy, Samuel Santos, Nige Popplewell, Dan Green and Steve Ferriday for their consistent performances and commitment to the team throughout the season.

Newbury AC once again hosted the first fixture of the season at the showground and thanks go to everyone at the club that helped to ensure the event could successfully take place.

In the Berks, Bucks & Oxon XC Championship Jacob Glendenning and Isabel Moore had huge breakthrough performances, both securing individual bronze medals in the U15 boys and U17 womens races respectively.

Jack Collings made his debut in the U15 boys race finishing 12th and Xavier Lee ran in only his second ever race for the club in U13 boys coming 8th, both with very promising performances.

Our U15 girls of Katya Burgess (5th), Georgia Knight (9th) and Lily Mae Gerrard (12th) battled superbly in their race to oust Abingdon AC and claim a very well deserved team bronze.

Jessica Franklin won an individual gold in the Veteran Women's category, after a great battle with teammate Clare Quinn who took the silver. Jess and Clare combined with Rebecca Downie and Alexandra Bettley for a team silver medal.

In the mens race Matthew Green was first home for NAC in 7th overall with Andy Ind next in 12th and 4th Veteran. Andy was joined by Bernie Gerrard and Mike Wheeler as the silver medal winning Veteran team.

Newbury AC also picked up a number of individual and team medals at the Berkshire Cross Country Championship as well as many invitations to represent the county at the Inter-Counties Championship.

There was a magnificent team gold for our U15 boys of Josh Norton, Jacob Glendenning and Jack Collings, beating the Windsor, Slough, Eton & Hounslow AC team by just 1 point! Josh finished 3rd to claim an individual bronze with Jacob 4th and Jack 12th.

There were also medals in the Senior Men's race - a race won by Bracknell AC's Olympian Zak Seddon. A team bronze was won by Cameron Craik, Callum O'Neill and Matthew Green and a Veteran team gold for Bernie Gerrard, Mike Robbins and Mike Wheeler, with Bernie taking the individual bronze.

Bradley Thomas had a great debut in the NAC vest finishing 15th and we had strong runs from Lewis Newton, Martin Walker, Richard Kennedy, Nige Popplewell, and Chris Sturm. Xavier Lee had another very impressive race in the U13 boys claiming an individual bronze in 3rd place. This was matched by Josie Robertson in U17 womens race, with teammate Isabel Moore finishing 7th and also getting a county invitation - along with all our athletes that finished in a Top 8 position.

Sophie Bhatt and Katya Burgess were 5th respectively in the U20 womens and U15 girls races, with Georgia Knight 12th in U15 girls race and Alexandra Bettley 17th in Senior Womens race.

Charlie Adams was 8th and Aston Howse 10th in a very competitive U17 mens race and in the inaugural U11 boys race Rupert Knight and Jude Bennett impressed in 4th and 6th respectively.

- Phil Marshall

Appendix 8: Welfare Report

No welfare concerns or incidents raised throughout the course of this financial year.

Newbury Athletic Club takes the wellbeing and welfare of its members seriously. This begins by providing a safe environment for all our members and we adopt the Club Safeguarding and Welfare policies and procedures set out at England

Athletics <https://www.englandathletics.org/clubs-and-facilities/club-support-services/club-welfare/>

Since coming into role:

- Welfare Officer and Safeguarding training have been undertaken
- a new email address has been created welfare.nac@gmail.com for contacting the welfare officer
- a new welfare page added to the NAC website with lots of useful contacts, as well as guidance on reporting any concerns: <https://www.newburyac.org.uk/welfare>
- Review of myAthleticsPortal listings for coaches, officials and volunteers

Next steps are:

- Suitable display of welfare information at NAC venues.
 - In line with best practice, enlist a male welfare officer - anyone interested, please step forward
 - Review of volunteer roles
- Lisa Pritchard

Appendix 9: Road Running Report

I took on the role of Road Running Captain just before last years AGM, having only been a member for about 6 months at the time I offered to help whomever took on the role and after very little interest became captain almost by default. With no Road Running championships taking place for a few years Irwin kindly offered to assist with the format and we set up a league with nominated races throughout the year, 2-3 at 5km, 5 mile, 10km, 10 mile and half marathon. There were 3 leagues, Mens, Womens and Mixed Age Graded Over 55's. It started off with a 5km at Newbury Parkrun and we had a decent turn out for the first few races but unfortunately with races only just coming back after Covid a number of our initially planned fixtures were either cancelled or weren't brought back at all. Couple that with the track season and a very hot summer the whole thing went a bit flat after April and never really recovered. Only one athlete completed the required distances.

Following discussions with the committee we agreed to end the league as it stood at the end of November and our winners were Dave Bennet in the Men's league, Edyta Wilk in the Women's and Liz Harkness in the Over 55's.

Away from the Road League other notable results were,

Steve Barnes – M50 Club Record at Wokingham Half in 1:20:01, Silver County Medal

Mike Sheridan – M70 Club Record at Wokingham Half in 1:29:02, Gold County Medal. M70 Club Record Eastleigh 10k in 39:06 which won him the age graded trophy for another year. M70 5 Mile record Overton 5 in 32:41.

Liz Harkness F70 Club Record at Shinfield 10k.

Andy Ind, Dave Clarke Shield

The Newbury 10k is making its return in May and Jeff Bird has been doing a fantastic job putting everything together alongside a small team of helpers including Dean Horton and Laura Buchanan. Early indications are that the entrance numbers look good and all is going to plan. We are, however, still short on volunteers so could do with a final plea to all members to assist wherever possible.

This years Road League has gone back to an old format where members can choose their own races across the same distances as last year. Results are then emailed to me to add to the league table. However, there hasn't been a great amount sent in so far, I think another Facebook update and possibly an email out to members to remind them is needed. Hopefully, with the Newbury 10k returning, the second half of the year might see some more interest.

From a captains point of view, I haven't been as involved as I probably need to be to promote the league and Road Running in general at the club, that is largely due to a change in job role and some personal issues. As it stands I am struggling to give the captains role the time it needs, I will continue to give it the best possible attention for 2023 but may ask that the club look for a new captain for 2024 if things continue as they are at the moment. I will update the committee further during the year.

- Chris Hunt